

## Health Literacy Now

[Home Page](#)

[Disclaimer](#)

To know more, go to [www.healthliteracynow.org](http://www.healthliteracynow.org)

### PREPARE TO SEE YOUR DOCTOR

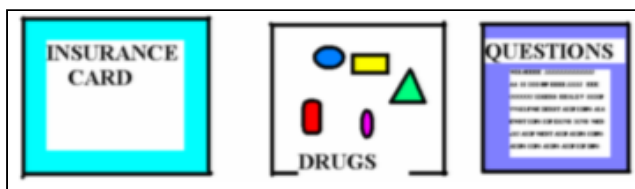
#### Do I need a Family doctor?

A family doctor is very important for you and your family. Your doctor can help you take care of your health and your family's health.

#### What do I need to do before I go to my family doctor?

Three important things to take with you for a doctor's visit

1. Take your [health insurance card](#).
2. Take all your [pills](#) with you.
3. Write down the [questions](#) that you want to ask your doctor on a piece of paper.



## What are the three important questions I should ask my doctor?

Every time you see your doctor, you should ask him

1. [What](#) is my health problem?
2. [Why](#) do I have this health problem?
3. [What can I do](#) about my health problem?

## If my doctor wants me to take a new medication. What do I need to know about the new medication?

The 4 important questions you must know are

- \*[Why](#) do I take the new medication
- \*[How often](#) do I take the new medication?
- \*What are the [side-effects](#) of the new medication?
- \*What [tests](#) do I need to take for this new medication?

Create a [free website](#) with [Weebly](#)